



## Middle Childhood

### Ages 5-8: Early Elementary School

- During this stage, children have both positive and negative feelings about their body and the bodies of others.
- Reinforce that bodies are different in size, shape and colors and that it is normal for your body to change as you get older.
- They are hearing about sexually transmitted diseases, HIV/AIDS, pregnancy and other issues from friends and television.
- Correct names should be reinforced, i.e., girls and women have a vulva, clitoris, vagina, uterus, and ovaries, and boys and men have a penis, scrotum and testicles.
- They should know how a woman gets pregnant; men and women have reproductive organs that allow them to have a child, and reproduction requires both a man and a woman.
- They should know that sex, or intercourse, is when a man and a woman place the penis in the vagina.
- Explain how the fetus grows inside a woman's body. A baby grows inside of a woman's uterus, and babies usually come out of a woman's body through an opening called a vagina.
- A man cannot become pregnant.

